Center for SOCIAL CHANGE

JANUARY Newsletter

Start Anew

If you are looking for ways to become a new healthier, happier you this year, look no further! Here are few ideas to get you motivated:

- **Alkalize your body** - with lifestyle changes, diet, or by alkalizing your water naturally.
- **Try hot yoga** to take advantage of the combination of heat and mindful movement.
- **Detox your system** with food, or try a juice cleanse.

You can also get some more inspiration for your New Year's resolution here!

Become a C4SC Member

If you are looking for a space for your organization, consider becoming a member of our thriving community! **COWORKING**, one of our most popular membership plans, offers the following benefits:

- First come, first served space in our open layout office
- 4h/month in conference room rentals
- Mailing address & service
- Phone booth
- Promotion of your events to our network

Apply here

FOLLOW OUR JOURNEY

Practical Progress

by Maya Arden, EsoTerra

BE LEAN

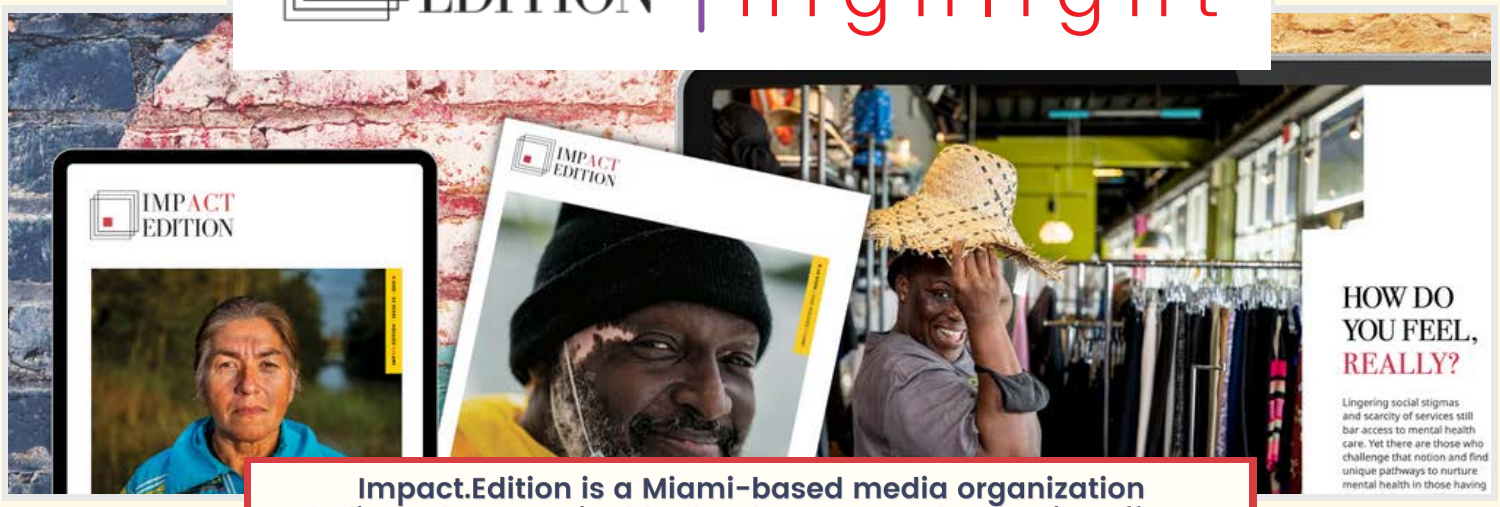
The era of multi-year organizational strategic plans is over. I'd even argue a 12-month plan no longer works. Stifling agility, creativity, innovation, and resiliency, organizations can't afford these traditional methods.

Leaders embracing adaptive, lean mindsets face less resistance - internal and external. Emergence is nature's way. Working against nature, we find ourselves stressed, overwhelmed, resentful, bitter, and burnt out - like animals in captivity.

This isn't flying-by-the-seat-of-your-pants organizing; it's an approach based on wisdom, objectivity, adaptation, and agility. It collaborates more than it controls or dominates. It spends less time denying uncertainty and unpredictability and more time building resilient mindsets for rapidly changing landscapes.

Understand your known knowns, known unknowns, and humbly anticipate the unknown unknowns. Read Lean Startup (Eric Ries). Read Emergent Strategy (adrienne maree brown). Culture taught us to think linearly and compartmentally - we can't afford to any longer. Let's return to our roots and re-organize.

IMPACT EDITION | **COMMUNITY** highlight



Impact.Edition is a Miami-based media organization dedicated to sustainable development and collective efforts, with a mission to elevate the voices of local changemakers who work toward positive, lasting change – from addressing social inequality to saving the planet from environmental ruin.

Through community journalism published online and in print, artistic exhibitions, live readings and panel discussions – all open to the public – Impact.Edition empowers people with best practices and creative solutions for more just, sustainable, healthier, and happier communities.

Their community journalism merges meaning and emotion in order to drive positive social change and connect on a human level.

Their exhibition "WHO IS MIAMI: STORYTELLING FOR CHANGE" highlights the efforts of local organizations that advance social and environmental justice in our communities.

With their creative enthusiasm & passion, they are eager to uplift the underrepresented voices of local changemakers who are actively building Miami's climate resilience and fostering social justice within our communities.

FIND THE LATEST ISSUE OF IMPACT EDITION HERE

Learn more & connect with Impact Edition

Community Board

Clothe the Community Initiative: Empowering Women and Children

Sat, Jan 6 | 10am - 2pm
Wimbley's Courtyard
17701 NW 22nd Ave
Miami Gardens, FL 33056

In-Person: An Evening with Matthew D. Nelsen

Tue, Jan 16 | 7pm - 8pm
Books & Books
265 Aragon Ave
Coral Gables, FL 33134

Family Day at The Underline

Sat, Jan 20 | 2pm - 4pm
The Underline
SW 1st Ave
Miami, FL 33130

FL School Garden Leadership Training - Miami Dade & Broward County Workshop

Sat, Jan 20 | 8.30am - 3.30pm
The Kampong
4013 Douglas Rd
Miami, FL 33133

18th Annual Regional Child Welfare Conference

Wed, Jan 24 | 9am - 4pm
UM Newman Alumni Center
6100 San Amaro Dr
Coral Gables, FL 33146

Become an impactful leader