Center for SOCIAL CHANGE

# FEBRUARY Newsletter

## Black History Month

This month we are honoring the victories and challenges of African Americans throughout our history.

We've put together a few resources to get you inspired:

- Learn about the life of African Americans over the past centuries.
- Read these heartening stories that talks of courage & resilience.
- Support black-owned businesses in our local community.
- Become an advocate for the African Americans with BMe Community, a local organization that works towards equity without stigma.

## Volunteer resources

How about sharing your love through volunteering this Valentine's day? Here are a few local organizations to consider:

- HandsOn Miami - meaningful local hands-on projects.
- Exchange for Change - educational courses to incarcerated students.
- Volunteer Cleanup - group cleanups with option to organize your own.
- Silent Victims of Crime - educational enrichment & positive mentoring for children of incarcerated parents.
- Camillus House - care for individuals & families impacted by homelessness, hunger, poverty, or substance abuse.

**FOLLOW OUR JOURNEY**

## Practical Progress

by Maya Arden, EsoTerra

THE SIX C'S

Our culture is addicted to the chase for what Vanessa Machado de Oliveira calls the "The 6 C's" - comfort, convenience, consumption, certainty, control, and coherence. The result is a society-wide inclination to prioritize immediate satisfaction (or relief) over being with the challenges that keep us from the global change we need.

We haven't cultivated the skills we need to sit in discomfort, tolerate things we find inconvenient or confusing, let go of a belief in certainty, and a desire for control. When this occurs, consumption of content, things, and food become the way we cope.

This cycle is painful - and change is possible. Today, pick one of the "C's" and bring awareness to all the places you see it keeping us from making the progress we crave. Invite your team on this journey. We need you, brave leaders. We're here to support you. It all starts with awareness.

secore international

# COMMUNITY highlight

Photo by Reef Patrol

**SECORE takes a unique approach to close the gap to scale in reef restoration. Their mission is creating and sharing the tools and technologies to sustainably restore coral reefs worldwide. They envision a world where thriving coral reefs support healthy oceans for all future generations.**

Photo by Paul Selvaggio

SECORE's approach is focused on breeding genetically diverse coral using their own mode of reproduction. This is where SECORE's name stems from, Sexual Coral Reproduction.

Photo by Reef Patrol

SECORE co-leads a project within the Reefense Program to safeguard Florida's coasts and communities by combining the build-up of shore protections & coral reefs at the same time.

Photo by Paul Selvaggio

Their focus is to work with breeding corals, enabling them to get huge numbers of coral babies by collecting coral germ cells during natural spawning events on the reef.

Replanting & restoring corals will not ultimately succeed if they are not able to withstand near-future as well as already present conditions occurring on reefs. This year's unprecedented heat stress conditions in the Caribbean basin have shown them how important it is to upscale their restoration approach.

**Learn more & connect with Impact Edition**

# Community Board

**Community Fest: Growing Together**

**Sat, Feb 10 | 9am - 2pm**

17300 SW 177th Ave
Miami, FL 33187

**Overtown Walking Tour & River Cleanup**

**Sat, Feb 10 | 2pm - 5pm**

Black Archives - Historic Lyric Theater
819 NW 2nd Ave
Miami, FL 33136

**Volunteer Eco Action Day**

**Sun, Feb 18 | 9am - 12pm**

Castellow Hammock Park
22301 SW 162nd Ave
Miami, FL 33170

**Creative Monday**

**Mon, Feb 19 | 7pm - 11pm**

Tripping Animals Brewery Co.
2685 NW 105th Ave
Miami, FL 33172

**2024 NOMI Music Festival**

**Sat, Feb 24 | 6pm - 11pm**

Cagni Park
13498 NE 8th Ave
North Miami, FL 33161