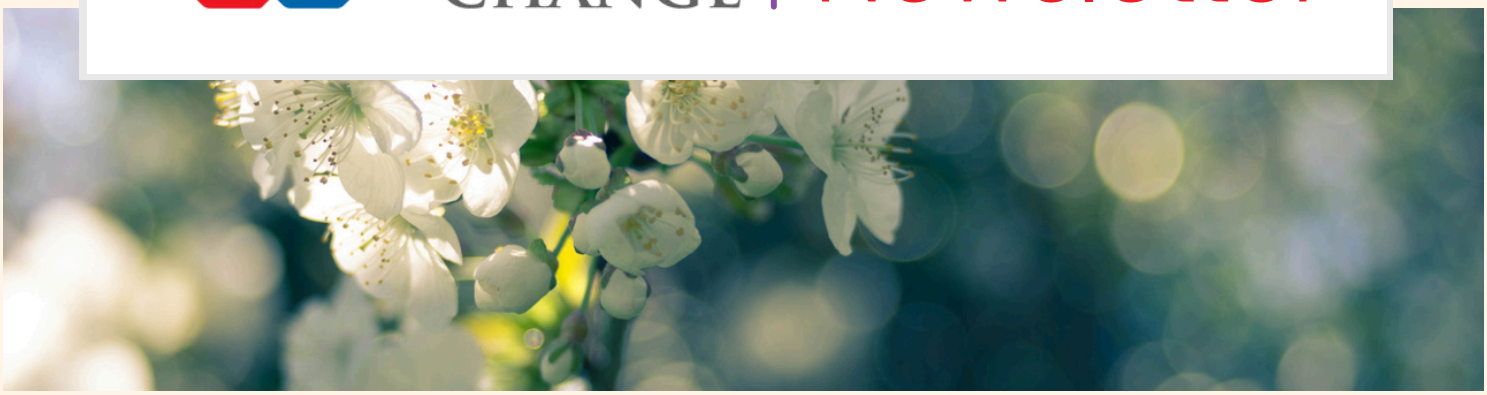
Center for SOCIAL CHANGE

AUGUST/2024 Newsletter



Winning Mindset

Implementing a winning mindset in social impact environment is crucial for achieving goals and making a positive impact. Focus on these areas:

Define a clear mission: Ensure that everyone understands the social problem or issue the organization aims to address.

Set clear goals and milestones: Define specific, measurable, achievable, relevant, and time-bound (SMART) goals for projects and initiatives.

Encourage innovation and collaboration: Social impact often requires creative approaches to complex problems.

Measure and communicate impact: Use data and metrics to measure the effectiveness of your programs and initiatives.

Fun for seniors

throughout the year there is so much activities going on for the senior community. We picked a few initiatives:

- Miami Dade Parks' Active Older Adults Program: provide fitness, leisure, and social activities for adults 55 and older.
- Golden Ticket Arts Guide features an amazing array of FREE cultural offerings for Miami-Dade County senior residents, ages 62 and over.
- Coral Gables Adult Activity Center offers a wide range of activities and classes including fitness, leisure and support groups tailored for those over 50.
- Miami Beach Senior Programs are specially designed to allow every adult of any activity level to participate in a safe and inviting environment.

FOLLOW OUR JOURNEY

Practical Progress

by Maya Arden, EsoTerra

OR ELSE...

In a punitive culture like ours, we live under "The Great Or Else." It looms as the subtle threat of retaliation - "challenge the boss' idea and risk your promotion." It dominates in laws and regulations like our cash bail system that offers freedom to those with wealth and prolonged captivity to those without it.

Its echo can be heard in society's halls. Its whispers accompany our internal dialogue. "Keep quiet or else." "Pay up or else." "Be normal or else." We all sense there is a better way to foster a collaborative society that cares for its people and planet, but are we truly willing to invest the time and understanding necessary to drive that systemic change? Can we walk the talk?

We must be willing to remove the Or Else's we place on ourselves and others. Make a list now. What Or Else's from external sources are you currently fearing? What Or Else's are you putting on yourself? Where are you placing them on others?

The way out of oppression is through self-reflection. Get real with yourself and others. Eyes wide open. Become a leader worth following.

Tinkerbell's Kids
Empowering Children to Soar Beyond Adversity!

COMMUNITY highlight

Tinkerbell's Kids (Silent Victims of Crime) is a local nonprofit organization that assists children of incarcerated parents by improving their economic, educational, and personal stability while empowering these children to make wise choices and contribute positively to society at the same time.

Their vision is to break the intergenerational cycle of incarceration. Over the last 28 years, they have mentored over 1,000 children ages 5-18. Many of the graduates are still involved and their children are currently in SVC programs.

The "5 Circles of Support" is an interactive holistic approach created almost 30 years ago when their organization first began & it includes the following areas of focus:

- Youth Empowerment
- Parent Programs
- Caregiver Support
- National & Community Outreach
- Mentoring and Peer Support.

They assist in creating a bonding relationship with the children, their parents, caregivers, and volunteers through their biweekly leadership events, children's prison visitation programming, their partnership with a federal reentry court, community involvement, and various other programs and events to promote a process they refer to as "family reunification".

Their next event will be held on Saturday, August 10th, 2024 at The Miami Beach Convention Center where they will be handing out free uniforms, backpacks, school supplies and much more! (find the flyer with more details in the Event Board section of the newsletter).

They organize 24 events every year & celebrate each child's birthday at their events with cake and a $25 gift card. All of the biweekly events for participating families are provided through interactive activities with professionals in a variety of fields.

Learn more & connect with Tinkerbell's Kids

Event Board

Moonlit Botanicals: Watercolor Ink Workshop

Thu, Aug 8 | 6pm - 8pm
Vizcaya Village Garage
3250 S Miami Ave
Miami, FL 33129

8th Annual: The Indigenous Wisdom of World Culture

Fri, Aug 9 | 8pm - 11pm
ZeyZey Miami
1353 NE 61st Street
Miami, FL 33137

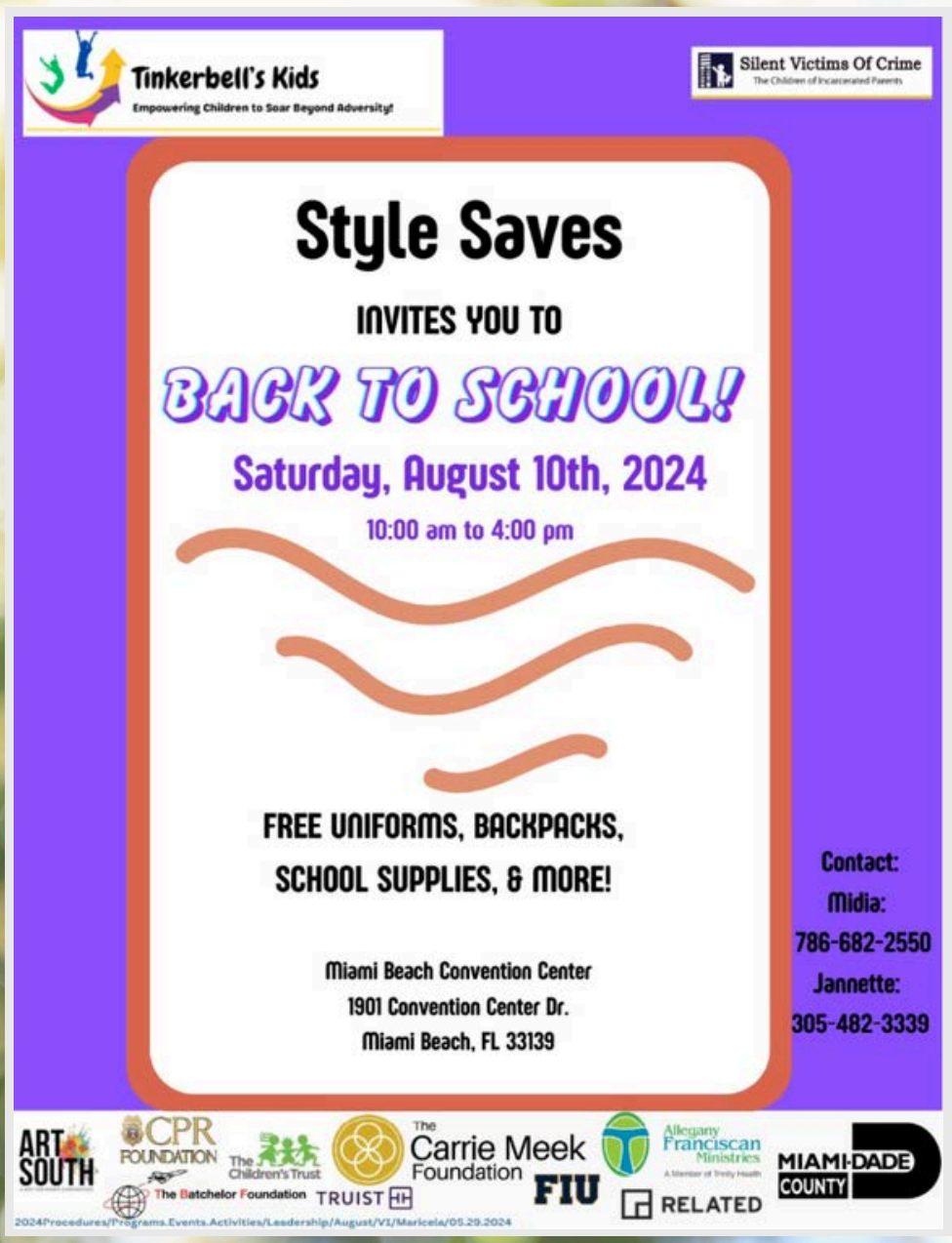
Kayak Clean Up w/Clean Miami Beach

Tue, Aug 20 | 5pm - 7pm
3400 NE 163rd St
North Miami Beach, FL 33160

Garden Volunteer Day

Sat, Aug 24 | 5pm - 7pm
Opa-Locka Community Garden
1490 Opa-locka Blvd
Opa-Locka, FL 33054

Stitching Stories: Community Quilting Workshop

Sat, Aug 31 | 10am - 2pm
Greater Gibbs Chapel
1538 NE 152nd Street
North Miami Beach, FL 33162

Back to School Event