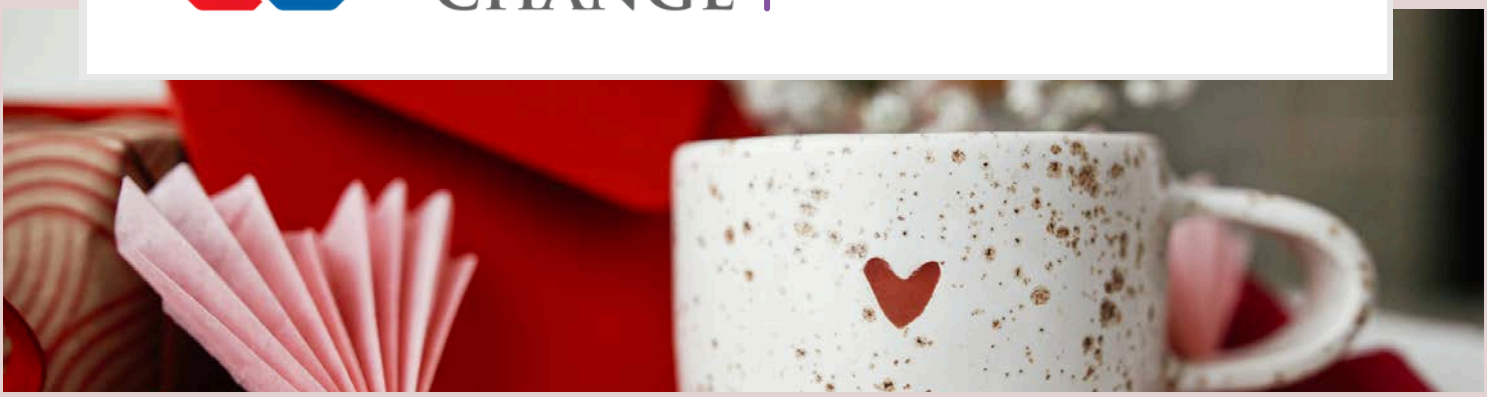
Center for SOCIAL CHANGE

FEBRUARY Newsletter/2025



Legacy of Strenght

February is a time to celebrate the powerful contributions of Black Americans to our nation's history and culture.

It's an opportunity to reflect on the resilience and achievements of individuals like Dr. Martin Luther King Jr., Maya Angelou, and local heroes who have paved the way for equality and social justice. Consider joining in this celebration by supporting organizations like BMe Community or attending local events and talks on Black history.

By fostering deeper understanding, we can continue the work of building a more inclusive society.

Membership with Purpose

Become a member of Center for Social Change and help amplify the impact of your mission. Our memberships offers valuable resources, networking opportunities, and access to vibrant community to strengthen your nonprofit's capacity.

Whether you're a small organization or a large institution, we have membership levels tailored to your needs. Join a community of like-minded changemakers and take advantage of community events, exclusive content, and more.

Explore membership options here!

FOLLOW OUR JOURNEY

Practical Progress

by Maya Arden, EsoTerra

EXTRACTION VS. REGENERATION

Extraction is the foundation of colonization. It is taking without giving back - using people, land, and resources as tools for gain. Thinking of them as living parts of an interconnected world is not on the table in this paradigm. Yet colonization was never just about land - it was about reducing entire civilizations to something exploitable and demeaning relationships into transactions. It turned people into labor, culture into commodity, and ecosystems into resources for consumption by dominant forces.

This mindset didn't disappear with the fall of empires. It embedded itself into how we think. The logic of extraction is everywhere - in movements that exhaust rather than sustain, in leadership that consolidates rather than circulates power, in activism that demands without replenishing. It shows up when we take ideas, energy, and labor without building structures that nourish in return.

Regeneration is how nature sustains itself - through cycles of renewal, reciprocity, and care. It is how communities thrive when power is shared, when relationships are built to last, when movements create real change.

If we do not recognize the ways extraction has shaped our thinking, we will replicate harm - othering when we should be finding common ground, fighting when we should be listening. So, are we dismantling the machinery of oppression, or just taking turns at the wheel?

BAY OAKS
HISTORIC RETIREMENT RESIDENCE
EST. 1947

COMMUNITY highlight

Bay Oaks Historic Retirement Residence is Miami's finest retirement residence, a historic non-profit organization founded by the same women founders of the first city public library, the YWCA, the Traveler's Aid, Miami Woman's Club, The American RedCross, American Cancer Society, and many other impactful service organizations.

Bay Oaks provides no more than 32 residents with all-inclusive concierge retirement experience. Residents enjoy private rooms with solid wood furniture, all cotton linens, two cedar-lined closets, flat-screen tvs, ceiling fans and individually controlled air conditioning units. They enjoy a range of activities, excellent food (organic and local, when possible), and the company of interesting, independent-minded seniors like themselves.

The property is also home to several rescue parrots, pet dogs, and wildlife. Bay Oaks has both the best staff to resident ratio AND the best staff retention rate in local assisted living. As a non-profit, everything they do is to maximize residents' health, happiness, and quality of life.

Residents benefit from a central location, steps from Biscayne Bay and within 10 minutes from the Miami Health District and Mt. Sinai Medical Center. No wonder Bay Oaks was named 'Miami-Dade's Favorite' and 'the Miracle on 34th Street' by The Miami Herald. It is also the most highly rated assisted living facility in South Florida

They currently have rooms available for individuals and couples. The admission process involves an in-person tour, and interview, and a health assessment – but there is not admission or buy-in fee. All tours are led by the director herself, and are available by appointment.

Since 1947, Bay Oaks has been home to Miami's most influential and most in-need seniors alike. Today, the historic campus is also home to two recognized butterfly gardens, a wildlife sanctuary, over 80 species of native and flowering plants and, as residents are quick to tell you, the best food in Miami.

Learn more & connect with Bay Oaks

Event Board

2025 Community Engagement Session

Thu, Feb 13 | 11am - 2pm

City of North Miami Public Library
835 NE 132nd St
North Miami, FL 33161

TML Move with Love 5k

Sat, Feb 15 | 7:30am - 10:30am

The Underline Urban Gym
SW 1st Ave
Miami, FL 33130

Melanated, Motivated, and Moving Forward

Wed, Feb 19 | 4pm - 8pm

R House Wynwood
12727 NW 2nd Ave
Miami, FL 33127

Creatives Open Mic with Artist Showcase

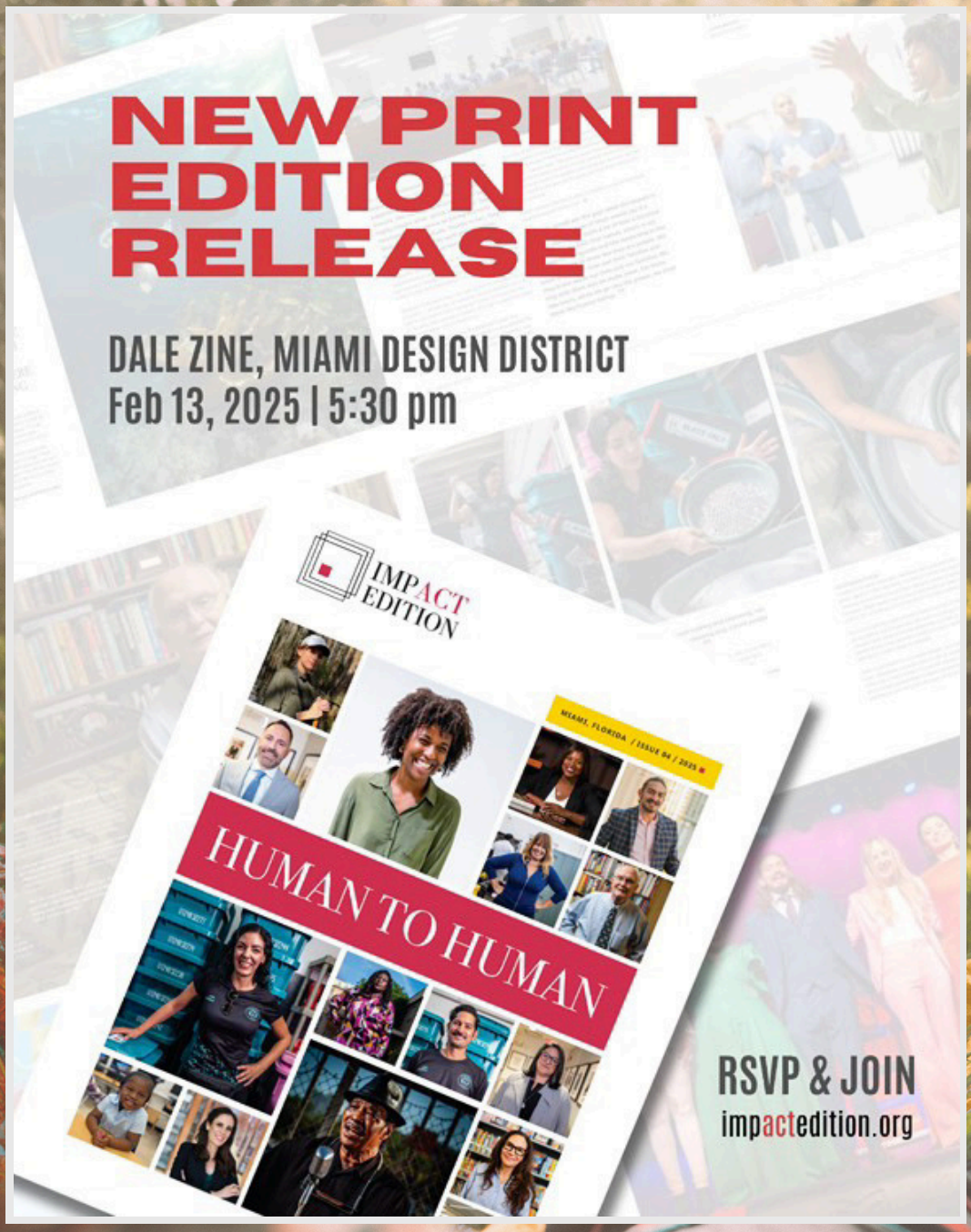
Tue, Feb 25 | 8:30pm - 1am

Bar Nancy
12007 SW 8th St
Miami, FL 33135

2025 Herbert and Nicole Wertheim Community Healthcare Conference

Fri, Feb 28 | 8:30am - 12:30pm

FIU Biscayne Bay Campus
13000 NE 145th St
North Miami, FL 33181

Community Event

Community Event